

## PRE AND POST OP INSTRUCTIONS FOR MODERATE SEDATIONS

Pre-Operative Instructions	Post-Operative Instructions
<ol style="list-style-type: none"><li>1. You will not be able to drive home. You must be accompanied by a responsible adult, and may travel by private vehicle or taxi</li><li>2. Do not eat for 8 hours prior to your appointment. Clear fluids may be taken up to 2 hours before the appointment. This includes water, clear juice and black coffee or tea (no dairy). For afternoon appointments, a light meal may be consumed 6 hours prior to the appointment</li><li>3. Take all regular medications at their usual time with sips of water, unless you have been instructed otherwise by your dentist or physician</li><li>4. Wear loose comfortable clothing. Do not wear nail polish</li><li>5. Report any health changes prior to your appointment</li></ol>	<ol style="list-style-type: none"><li>1. After your appointment, you must not operate a motor vehicle or hazardous machinery for at least 18 hours. You may be drowsy for the remainder of the day and should not consume alcohol and other drugs with sedative properties or make important decisions</li><li>2. Depending on your dental treatment, you may need to modify your diet. This will be reviewed with you prior to leaving the office</li><li>3. Do not walk without assistance</li><li>4. Do not return to work or school following your appointment</li><li>5. Do not make any important decisions or sign any important documents following your appointment</li></ol>

**\*If you have any questions regarding the pre or post op instructions, please contact the office at 416-928-6828\***

**Patient initials** \_\_\_\_\_



135 Yorkville Ave #301  
Toronto, Ontario M5R 0C7  
416-928-6828  
reception@accoladedental.com